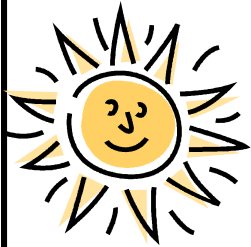


# BIG NEWS

JUNE 2008



## Big Brothers Big Sisters of Centre County



**June Activity:**  
Ice Pops and Outdoor Games  
@ The Village  
Thursday June 12th from  
4:15-5:15 pm  
Don't miss this chance to  
interact with members of  
The Village! We always  
have a great time together.



The Atrium @ The Village  
160 Lions Hill Road  
State College, PA 16803

**Call 814. 237. 5731 to sign up!**

Children have the right to be safe at all times. The safety of the children in our program is our #1 priority. We expect everyone associated with the Centre County Youth Service Bureau to support children's safety and well-being.

**As you welcome the summer season, remember to keep yourself and your little safe as you plan fun outdoor activities!**

**\*\*Summertime Safety Checklist\*\***

By Megan Delaney

**1) Always use sunscreen!**

The sun's rays are strongest between the hours of 10am and 4pm so limit sun exposure during these hours. Use a UVA/UVB sunscreen with SPF 15 or greater and apply 30 minutes before sun exposure -- even on cloudy days. Make sure to reapply every 2 hours, or after swimming (even if the sunscreen is waterproof).

**2) Make sure your little is well-hydrated.**

Look for signs of dehydration and other heat related illnesses. Wear loose-fitting clothing, and allow time for water breaks. In cases of intense heat and humidity, plan fun indoor activities!

**3) Never leave your little alone in or near a pool!**

Find out if your little knows how to swim. If they're not a swimmer, make sure they are comfortable in the water and are able to wear a life jacket. Check weather conditions to make sure it's safe outside to swim!

**4) Watch out for bug bites!**

If you plan activities outdoors, the best protection is long sleeved shirts and pants. Avoid wearing bright colors, perfumes, scented soaps, etc. Insect sprays should be used with caution. Know if your little is allergic to bug bites, and if they are bitten by a snake, scorpion, or venomous spider or stung by a jellyfish -- seek medical help immediately.

**5) Always wear a helmet**

Bigs and littles should always wear protective gear (helmets, wrist, knee, elbow pads that fit properly) when riding bikes, skateboards, and scooters. Make sure to avoid traffic and only ride in designated areas!

(safety tips found at [www.aap.org](http://www.aap.org) and [www.massgeneral.org](http://www.massgeneral.org))

**"Summer afternoon-**

**Summer afternoon;**

**To me those have always**

**been the two most beautiful**

**Words in the English**

**Language"**

**-Henry James**

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# MORE BBBS Activities to Choose From!

\*\*The BBBS Ambassador Team will return in July\*\*




**What?**  
Painting tiles that will be on display @ Arts Fest '08

**When?**  
Tuesday June 24th @ 11 am

**Where?**  
YSB Main Office  
410 South Fraser Street  
State College

**RSVP:** 814. 237. 5731

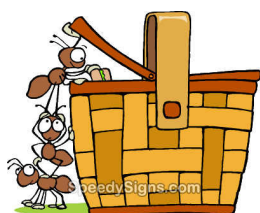



**What?**  
Meet the Spikes

**When?**  
Sunday June 29th from 10:00 am-12:00 pm

**Where?**  
Spring Creek Park  
901 Houserville Rd.  
State College

**RSVP:** 814.237.5731



**FREE Activities for Bigs and Littles!!**  
Take advantage of all the **FREE** activities State College has to offer this summer!

By Caitlin Crowther



**“READ IT, WATCH IT” series at the State Theatre!!**

When: Wednesdays at noon

Free movies, quality time with your little...

What could be better?

**Keystone Active-Zone Passport to Adventure:**

**What?** A program designed to keep Centre County youth active and healthy. Plus, compete to win a trip for the whole family or YMCA passes!

**Who?** Centre County youth going into grades 1-5 in fall 08.

**How does it work?** Pick up a summer passport at the SC or Bellefonte YMCA June 1-7. The passport contains over 100 exciting activities. After completing each activity, the passport will be stamped. If the child completes 25 activities by August 30, their name will be entered into the grand prize drawing! Check out [www.scaymca.org](http://www.scaymca.org) for more details!!!



# FREE summer activities

## continued...



### CRPR Bike-in Movie Series!!

“ET”

Friday, May 30  
Tom Tudek Park at 8:30  
(Rain date: Saturday, May 31)

“The Goonies”

Friday, June 27  
Spring Creek Park at 8:30  
(Rain date: Saturday, June 28)

“Pee-Wee’s Big Adventure”

Friday, July 18  
Sunset Park at 8:30  
(Rain Date: Saturday, July 19)

Movies presented by Centre Region Parks and Recreation, the Centre Region Bike Coalition, and Videon Central Inc.



### CRPR “Kids-on-wheels” Parade!!

Come Decorate your bike for the parade!

Thursday, July 3rd from 7-7:30 pm at Holmes-Foster Park, Pavilion #2 (off Westerly Parkway)

~~Decorations provided!~~

#### The Main Event...

Friday, July 4th from Foster Ave (at Locust Lane) to Central Parklet

Celebrate the 4th of July in a “BIG” way! Bring your bike, wagon, scooter, stroller, or even your skateboard and meet us at the corner at **9:30 am**. Parade starts at 10 am. Join CRPR for watermelon and the singing of “Happy Birthday to USA” at the end of the parade!

### Open Rock Climbing at the YMCA!!

**Where:** State College YMCA

**When:** WEEKLY

Thursdays: from 8pm-10pm

Fridays: from 7pm-9pm

Sundays: from 3:30-5:30 pm  
(Sundays until June 15)

This activity is FREE to members so stop on by the Youth Services Bureau, grab some passes and head on over to the YMCA for some supervised rock climbing with your littles! A perfect activity with a winning combination of exercise and FUN!



### “Free Admission Day” at Park Forest and Wm. L. Welch Community Swimming Pools!!

General swimming for all ages!

Saturday, May 31  
Noon-8pm

Held at either of the TWO community swimming pools!

### 4th Annual TOUCH-A-TRUCK DAY!

**When:** Saturday, June 28th 1-4 pm

**Where:** SC Area High School Parking Lot

Bring your littles out for an exciting afternoon of BIG TRUCKS, DUMP TRUCKS, FIRE TRUCKS, and MORE!!  
A hands-on experience

### CRPR Youth Track Meets!! (Weather Permitting)

**When:** June 25th-July 30th, Wednesday evenings from 5:45-8 pm

**Where:** State College Area High School Track (behind South Building)

Bring your littles between the ages of 5 and 12 and meet up to compete in events such as: Softball Toss, Long Jump, 50 meter dash, 100 Meter Dash, 200 Meter Dash, One Mile run (11 and 12 years only). Sign up your little when you arrive for an evening of friendly competition!

Track meets put on by Centre Region Parks and Recreation & Rapid Transit Sports

*Big Brothers Big Sisters  
of Centre County*

410 South Fraser St.  
State College, PA 16801  
814.237.5731

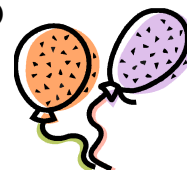
**BBBS sends a huge  
THANK YOU to:**

State College YMCA  
State College Food Bank  
The State Theatre  
Diversified Asset Planners  
Express @ the Nittany Mall  
Calvary Baptist Church

**Be a Friend.  
Be a Mentor.  
Just be there.**



Happy Birthday to you! Happy Birthday to you!  
Happy Birthday dear Quiana Jackson, Anastasia  
Roberts, Tammy Brungart, Matthew Owens, Brian  
Plunkett, Peter Kadushin, Trinh DeSa, Nikolina  
Smith, Nick Ferrara, Matt Smith,  
Lauren Ertzberger, Sheena Sovich, Steve Sovich;  
**HAPPY BIRTHDAY TO  
YOU!**



**HAPPY ANNIVERSARY**  
To the following matches:

John Johnston and Michael- 1 year!  
Shureka Cannon and Tiffani -1 year!

**We're on the web:  
[www.ccysb.com](http://www.ccysb.com)**

**Staff Directory:**  
**814.237.5731**

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Megan Evans	Ext. 114	<a href="mailto:mevans@ccysb.com">mevans@ccysb.com</a>
Erica Blumstein	Ext. 107	<a href="mailto:eblumstein@ccysb.com">eblumstein@ccysb.com</a>
Vernel Smith	Ext. 116	<a href="mailto:vsmith@ccysb.com">vsmith@ccysb.com</a>
Kelsey Francisco	Ext. 112	<a href="mailto:kfrancisco@ccysb.com">kfrancisco@ccysb.com</a>
Katie Bucco	Ext. 112	<a href="mailto:kbucco@ccysb.com">kbucco@ccysb.com</a>